

Shoe Guide



Flexible Sole – Your baby’s foot is still developing, so the sole should bend easily to allow natural movement and strengthening. If you can’t bend it with one hand, it’s too stiff!

Wide Toe Box – Those little toes need room to splay and grip as your baby balances. No pointy-toed fashion statements here.

Straight Sole (Last) - Flip the shoe over. Can you draw a straight line from heel to toe? Perfect. Baby feet are naturally widest at the toes - shoes with a curved last can squish their toes and affect how they learn to walk!

Lightweight – Heavy = clunky. Heavy shoes make it harder for babies to walk naturally. Look for lightweight materials that won’t weigh them down.

Secure Fit (Think Velcro or Adjustable Straps) – Slip-ons are cute, but not super functional for new walkers. Go for something that stays on and doesn’t shift around.

Grippy, Thin Outsole – You want traction without bulk. Think “feel the ground beneath your feet but don’t slip on it.”

How to get the perfect fit



To measure at home:

- Have your baby stand on a piece of paper at the end of the day (feet tend to swell slightly throughout the day).
- Mark the back of the heel and the tip of the longest toe.
- Measure the distance between the two marks in inches or centimeters to determine their current foot length.
- Compare to the shoe brand's size chart (since sizing can vary!).



Walmart Shoe Links

Girls

[Wonder nation pink sandal](#)

[Wonder nation white fisherman sandal](#)

[Stride rite brown shoe with bow](#)

[Mesh water shoe](#)

[Canvas mary jane](#)



Walmart Shoe Links

BOYS

[Brown fisherman sandal](#)

[Bare run mesh sneaker](#)

[Canvas shoe](#)

[Mesh water shoe](#)

[Stride rite sandal](#)